

ME NU

BRUNCH

Brecwast Y Sied 12.00

2 bacwn, selsig porc a chennin, hash brown, wŷ wedi'i botsio, madarch, tomato, ffa â thost Y Sied

Brecwast Fegan 10.00

Selsig fegan Quorn, selsig llysiâu cymysg, hash brown, afocado, madarch, tomatos gwinwydd rhost, ffa pob â thost Y Sied

Afo ar Dost 8.50

Thost Y Sied, llond llaw o sbigoglys, afo wedi malu, briwsion o ffeta wedi gorffen gyda ychydig o tsili â hadau cymysg.

Wyau ar Dost 9.50

Thost Y Sied gyda llond llaw o sbigoglys, dau wŷ buarth wedi'u potsio, hadau cymysg a dewis o un: bacwn cefn masarn selsig cennin a phorc selsig fegan tomatos rhost a madarch ffa

PLATIAU BACH

Granola 6.50

gyda iogwrt & compote

Bagel BLT 7.50

bacwn, sbigoglys a tomato

Bagel Eog Mwg 9.00

caws hufen, ciwcymbr & picl winwns coch

PANCWS Y SIED

Sylfaen

trwchus

banana (vg)

Topping

afal sinamon a saws 8.00

butterscotch (v)

caws hufen a chig moch 9.00

masarn wedi'i fygu

iogwrt Llaeth y Llan wedi 8.00

melysu, compote aeron a

ffrwythau tymhorol (v)

ciogwrt cnau coco, compot 8.50

aeron a ffrwythau tymhorol

(vg)

ganache siocled Y Sied a 8.00

banana wedi'i sleisio (v)

MENU

BRUNCH

Y Sied Breakfast 12

2 back bacon, pork & leek sausage, hash brown, poached egg, mushrooms, roasted tomatoes, baked beans and Y Sied toast

Vegan Breakfast 10

Quorn vegan sausage, mixed vegetable sausage, hash brown, avocado, mushrooms, roasted vine tomatoes, baked beans and Y Sied toast

Avo on Toast 8.50

Y Sied toast, smashed avocado, spinach, sliced avocado, sprinkling of our seed mix, a few slices of chili and with or without feta.

Poached Egg on Toast 9.50

Y Sied Toast with a handful of spinach, two free-range poached eggs, a sprinkling of our seed mix and a choice of one of the following:
maple baked back bacon
leek & pork sausage
vegan sausage
roasted tomatoes and mushrooms
beans

Lighter Bites

Granola 6.50

with yogurt & compote

BLT Bagel 7.50

spinach, tomato & bacon

Smoked Salmon Bagel 9.00

cream cheese, cucumber & pickled red onion

Y SIED PANCAKES

Base

classic thick

banana (vg)

Topping

cinnamon apple and butterscotch sauce (v) 8.00

cream cheese and maple smoked streaky bacon 9.00

honey sweetened Llaeth y Llan yogurt, berry compote and seasonal fruit (v) 8.00

coconut yogurt, berry compote and seasonal fruit (vg) 8.50

Y Sied chocolate ganache & sliced banana (v) 8.00

ME NU

LUNCH

Ploughmans (v) 10

Dragon mature cheddar, ham, our own bread, pickle, pickled onion, apple, grapes & coleslaw.

**You're welcome to exchange the ham for extra cheddar

Hummus & Falafel Flatbread (vg) 10

Beetroot Flatbread with Y Sied hummus & falafel, dressed leaves, pickled veggies, Greek salad, pomegranate seeds and a drizzle of siracha

Tomato & Mozzarella Open Sandwich (v) 10

Toasted ciabatta with sliced tomato and melted mozzarella, drizzled with balsamic glaze and pesto served with coleslaw

Add Serrano Ham +2

Soup of the Day (vg) 7

Served with our own bread & Shirgar butter

Add a block of Welsh Dragon Cheddar +1

SALAD BOWLS

A mix of our salads, Served with toasted beetroot flatbread. Served with one of the following:

Hummus & falafel (vg)	11
Quiche of the day (v)	12
Smoked Salmon	13

SHARING BOARDS

Meaty Board

Trealy Farm chorizo & fennel salami, Serrano ham, dressed mixed leaves, olives and our own bread	18
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Baked Cennarth Brie (v)

A full round of Cennarth Cheese Brie, baked in the oven with rosemary and garlic until melted.	25
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Served with our own fresh bread, chutney, carrot and cucumber sticks, apple and toasted beetroot flatbread. Please note, there will be around 30mins wait for this.

ME NU

CINIO

Ploughmans (v) 10

Cheddar aeddfed Dragon Cheddar, ham, ein bara cartref, picl, winwnsyn wedi'i biclo, afal, grawnwyn a choleslaw.

****Mae croeso i chi gyfnewid yr ham am cheddar ychwanegol**

Flatbread Hummus & Falafel (vg) 10

Bara flat betys gyda hummus & falafel Y Sied, dail wedi'u gwisgo, llysiau wedi'u piclo, salad Groegaidd, hadau pomegranate a diferyn o siracha

Brechdan Agored Tomato & Mozzarella (v) 10

Ciabatta wedi'i dostio gyda tomato wedi'i sleisio a mozzarella wedi'i doddi, gyda balsamig a pesto. Wedi'i weini â choleslaw

Ychwanegu Serrano Ham +2

Swp y dydd (vg) 7

gweinir gyda ein bara cartref a menyn Shirgar

Ychwanegwch Caws Cymreig Y Ddraig +1

BOWLEN SALAD

ymysgedd o'n salad, wedi'i weini gyda bara fflat betys wedi'u tostio a'ch dewis o:

Hummus & falafel (vg) 12

Quiche y dydd (v) 12

Eog wedi'i fygu 13

BWDDAU I RHANNU

Bwrdd Cig

Chorizo a salami Fferm Trealy, 18

Serrano ham, dail cymysg wedi'u gwisgo, olewydd a'n bara cartref ein hunain

Cennarth Brie wedi Pobi (v)

Rownd llawn o Brie Caws 25

Cennarth, wedi'i bobi yn y ffwrn gyda rhosmari a garlleg nes ei doddi.

Wedi'i weini gyda'n bara ffres ein hunain, siytni, ffyn moron a ciwcymbr, afal a bara fflat betys wedi'i dostio.

Sylwer, bydd tua 30 munud yn aros am hyn.