



Portwn Salad (vg & gf) £3

Taten Bob (gf) (vg on request) £8

Wedi'i weini gyda dail salad wedi'u gwisgo a chreision
Gweler y Bwrdd am lenwadau

Ploughmans (gf/v upon request) £8

Dragon cheddar aeddfed, ham, ciabatta, siytni betys
Y Sied, picl, winwsyn wedi'i biclo, afal a choleslaw.
Mae croeso i chi gyfnewid yr ham am cheddar
ychwanegol

Bowlen Salad Y Sied £8.50 (gf/vg/v ar gais)

Cymysgedd o saladau yn cael eu gwneud yn ddyddiol
ar y safle a chreision.

Wedi'i weini gyda'ch dewis o isod:

- sgiwer cyw iâr wedi'i farinadu
- ham a chaws wedi'i gratio
- falafel a hwmws (vg)

Quiche Y Sied (v) £9

Wedi'i weini gyda cymysgedd o saladau yn cael eu
gwneud yn ddyddiol

Panini (vg/gf on request) £7

Wedi'i weini gyda dail salad wedi'u gwisgo a
chreision
Gweler y Bwrdd am lenwadau

Swp y dydd (vg)(gf ar gais) £5.95

gweinir gyda bara Y Sied
Ychwanegwch Caws Cymreig Y Ddraig +0.95

Gweler y bwrdd am unrhyw brydau
arbennig a'n Bargen Cinio Ddyddiol - un
o'r uchod am lai, bydd hyn yn newid yn
ddyddiol!

Salad Portion (v) (gf/vg on request) £3

Jacket Potato (gf) (vg on request) £8

Served with a dressed salad leaves and crisps
See Board for fillings

Ploughmans (gf/v upon request) £8

Dragon mature cheddar, ham, ciabatta, Y Sied
beetroot chutney, pickle, pickled onion, apple &
coleslaw.

You're welcome to exchange the ham for extra
cheddar

Y Sied Salad Bowl £8.50

(gf/vg/v upon request)

A mix of salads made daily on premises and a few
crisps.

Served with your choice from bellow:

- marinated chicken skewer
- ham & grated cheese
- falafel & hummus (vg)

Y Sied Quiche (v) £9

Served with a small mix of salads made daily on
premises

Panini (vg/gf on request) £7

Served with a dressed salad leaves and crisps
See Board for fillings

Soup of the day £5.95

(vg)(gf upon request)

Served with ciabatta

Add Welsh Dragon Cheddar +0.95

Please see the board for any specials
and our Daily Meal Deal - one of the
above for less, this will change daily!