



Brunch / Brecwast Until/ Tan 11:30

Y Sied Breakfast £10

Dewi James back bacon, spiral sausage, hash brown, egg any way, mushrooms, roasted tomatoes, baked beans, toast.

Avocado on Toast £6.95

(v) (gf & vg on request)

Y Sied bread with a handful of spinach, smashed avo and sliced avocado, crumbled feta, sprinkling of mixed seeds and topped few slices of chili

Y Sied Granola (v) (vg on request) £5.50

Y Sied granola with honey sweetened Llaeth y Llan yogurt and seasonal compote

Gluten Free Option +£1

Breakfast Bagel (gf on request) £7

Choose 3: Dewi James back bacon, sausage, smashed avocado or egg any way

Sweet Pancakes (v) £7.20

3 thick pancakes with Llaeth y Llan yogurt sweetened with Y Sied honey, fresh seasonal fruit and compote, a drizzle of maple syrup, a sprinkling of mixed seeds and a few sugared walnuts

Brecwast Y Sied £10

Cig Moch, selsig, hash brown, wy unrhyw ffordd, madarch, tomato, ffa a thost

Afocado ar dost (v) (gf ar gais) £6.95

Bara Y Sied, llond llaw o sbigoglys, afo wedi malu, briwsion o ffeta wedi gorffen gyda ychydig o tsili.

Granola Y Sied (v) (vg ar gais) £5.50

Granola Y Sied gyda iogwrt Llaeth Y Llan wedi melysu gyda mel Y Sied a compote tymhorol

Gluten Free +£1

Bagel Brecwast (gf ar gais) £7

Dewis o 3: cig moch, selsig, afo wedi malu neu wy unrhyw ffordd

Pancws Melys (v) £7.20

3 pancws trwchus gyda iogwrt Llaeth y Llan wedi ei felysu gyda mêl Y Sied, ffrwythau tymhorol ffres, surop masarn, hadau cymysg a chnau Ffrengig wedi eu felysu

Brunch / Brecwast Until/ Tan 2:30

Poached Eggs on toast £8.95

(gf on request)

Y Sied bread with a handful of spinach, 2 local free-range eggs and a sprinkling of mixed seeds. Choose one of the following:

maple back bacon

or sausage

or mushrooms and roasted tomato

or beans

Savoury Pancakes £7.20

3 thick pancakes with cream cheese, maple smoked streaky bacon, a drizzle of maple syrup and a sprinkling of mixed seeds

Banana Pancakes (vg) £7.20

3 thick banana pancakes with coconut yogurt, fresh seasonal fruit and compote, a drizzle of maple syrup, a sprinkling of mixed seeds and a few sugared walnuts

Add tomato, mushrooms, beans +£1.5

Add bacon, sausage, avocado, 2 eggs

+£2

Wyau ar dost (gf ar gais) £8.95

Bara Y Sied, llond llaw o sbigoglys, 2 wy maes, tomato wedi'i rhostio, a hadau cymysg

Dewiswch:

bacwn wedi melysu

neu selsig

neu madarch a thomato

neu ffa

Pancws Sawrus £7.20

3 pancws trwchus gyda chaws meddal, cig moch wedi melysu gyda surop masarn, surop masarn ychwanegol a hadau cymysg

Pancws Banana(vg) £7.20

3 pancws trwchus gyda iogwrt cnau coco, ffrwythau tymhorol ffres, surop masarn, hadau cymysg a chnau Ffrengig wedi eu felysu

Adiwch tomato, madarch neu ffa +£1.5

Adiwch bacwn, selsig, afocado, 2 wy

+£2