



BREAKFAST / BRECWAST

Until/tan 11:30

Please see bar for cakes and pastries

Gweler y bar am cacennau

Maple Bacon and Poached Eggs (gf on request) £8.95

Y Sied bread with a handful of spinach, 2 local free-range eggs, maple back bacon, roasted tomato, and a sprinkling of mixed seeds.

Sweet Pancakes (v) £6.75

3 thick pancakes with Llaeth y Llan yogurt sweetened with Y Sied honey, fresh seasonal fruit, a drizzle (or two or three 😊) of maple syrup, a sprinkling of mixed seeds and a few sugared walnuts

Savoury Pancakes £6.75

3 thick pancakes with cream cheese, maple smoked streaky bacon, a drizzle (or two or three 😊) of maple syrup and a sprinkling of mixed seeds

Banana Pancakes (vg) £7.20

3 thick banana pancakes with coconut yogurt, fresh seasonal fruit, a drizzle (or two or three 😊) of maple syrup, a sprinkling of mixed seeds and a few sugared walnuts

Poached Eggs on Toast (v) (gf on request) £7.95

Y Sied bread with a handful of spinach, smashed avo, 2 local free-range eggs, crumbled feta, sprinkling of mixed seeds and topped few slices of chili

add smoked salmon or maple streaky bacon +£2

Y Sied Porridge (v) (vg on request) £5

Warm creamy porridge served with a drizzle of Y Sied honey, a sprinkling of seeds and seasonal fruit.

Ask for alternative milk for Vegan

Breakfast Bagel (gf on request) £5.50

Choose two: Back bacon, smashed avocado or poached egg

Bacwn a Wyau (gf ar gais) £8.95

Bara Y Sied, llond llaw o sbigoglys, 2 wy maes, bacwn wedi melysu, tomato wedi'i rhostio, a hadau cymysg

Pancws Melys (v) £6.75

3 pancws trwchus gyda iogwrt Llaeth y Llan wedi ei felysu gyda mêl Y Sied, ffrwythau tymhorol ffres, surop masarn, hadau cymysg a cnau Ffrenig wedi ei felysu

Pancws Sawrus £6.75

3 pancws trwchus gyda caws meddal, cig moch wedi melysu gyda surop masarn, surop masarn ychwanegol a hadau cymysg

Pancws Banana(vg) £7.20

3 pancws trwchus gyda iogwrt cnau coco, ffrwythau tymhorol ffres, surop masarn, hadau cymysg a cnau Ffrenig wedi ei felysu

Wyau wedi'i botsio ar dost (v) (gf ar gais) £7.95

bara Y Sied, llond llaw o sbigoglys, afo wedi malu, 2 wy maes, briwsioni o feta wedi gorffen gyda ychydig o tsili, gyda eog wedi'i fygu +£2

Porridge Y Sied (v) (vg ar gais) £5

Uwd hufennog cynnes gyda mêl Y Sied, ffrwythau tymhorol, a hadau cymysg. Gofynnwch am ddewisiadau llaeth gwahanol

Bagel Brecwast (gf ar gais) £5.50

Dewiswch dau: Cig Moch,, afo wedi malu neu wy wedi'i botsio