



BREAKFAST / BRECWAST

Please see bar for cakes and pastries
Gweler y bar am cacennau a optiynau ychwanegol

Sweet Pancakes / Pancws Melys (v) £6.25

3 thick pancakes with Llaeth y Llan yogurt sweetened with Y Sied honey, fresh seasonal fruit, a drizzle (or two or three 😊) of maple syrup, a sprinkling of mixed seeds and a few sugared walnuts
3 pancws trwchus gyda iogwrt Llaeth y Llan wedi ei felysu gyda mêl Y Sied, ffrwythau tymhorol ffres, surop masarn, hadau cymysg a cnau Ffrengig wedi ei felysu

Savoury Pancakes / Pancws Sawrus £6.25

3 thick pancakes with cream cheese, maple smoked streaky bacon, a drizzle (or two or three 😊) of maple syrup and a sprinkling of mixed seeds
3 pancws trwchus gyda caws meddal, cig moch wedi melysu gyda surop masarn, surop masarn ychwanegol a hadau cymysg

Banana Pancakes / Pancws Banana (vg) £6.95

3 thick banana pancakes with coconut yogurt, fresh seasonal fruit, a drizzle (or two or three 😊) of maple syrup, a sprinkling of mixed seeds and a few sugared walnuts
3 pancws trwchus gyda iogwrt cnau coco, ffrwythau tymhorol ffres, surop masarn, hadau cymysg a cnau Ffrengig wedi ei felysu

Eggs on Toast / Wyau ar dost (v) (gf on request / ar gais) £7.25

with maple bacon or smoked salmon / gyda bacwn masarn neu eog wedi'i fyggu +£2
Y Sied bread with a handful of spinach, smashed avo, 2 local free-range eggs, crumbled feta and topped few slices of chili
bara Y Sied, llond llaw o sbigoglys, afo wedi malu, 2 wy maes, briwsioni o feta wedi gorffen gyda ychydig o tsili.

Porridge / Uwd (vg on request / ar gais) £4.95

warm creamy porridge with Y Sied honey, seasonal fruit and a sprinkling of mixed seeds
uwd hufennog cynnes gyda mêl Y Sied, ffrwythau tymhorol, hadau cymysg

Y Sied Granola / Granola Y Sied (vg on request / ar gais) £3.95

Llaeth y Llan Yogurt with homemade granola and homemade fruit compote, sweetened with Y Sied honey
iogwrt Llaeth y Llan gyda granola cartref, compot frwyth cartref â mêl Y Sied



Soft Drinks / Diodydd Oer

Home Made Lemonade £2.50

Hearstsease Bottled Drinks / *Diodydd Potel Heartsease* £2.50

Elderflower / Ginger Beer
Blaenlys / Cwrw Sinsir

Y Sied Apple & Green Tea £2.50

San Pellegrino £2.20

Orange / Blood Orange
Oren / Oren Gwaed

Fentimans Bottle Drinks / *Diodydd Potel Fentimans* £2.95

Curiosity Cola / Cherry Cola / Dandelion & Burdock / Mandarin & Savile Orange
Cola/ Cola Ceirios / Dant y Llew & Burdoc / Mandarin & Oren Saville

Daioni Milkshakes / *Ysgytlaeth Daioni* £2.20

Chocolate / Strawberry / Banana
Siocled / Mefus / Banana

Juice / Sudd £2

Orange / Apple / Mango / Grapefruit / Tomato
Oren / Afal / Mango / Grawnffrwyth / Tomato



LUNCH - CINIO

Please see the bar for extra options
Gweler y bar am optiynau ychwanegol

Graze Board for one | to share */Bwrdd i un | i rhannu* £8|£15 (v)(gf upon request / ar gais)
Choose cheese, meat or a bit of both / dewyswch caws, cig neu peth or ddau

Caws Cenarth Per Las or Dragon mature cheddar, Caws Cenarth Perl Wen, Snowdonia Red Devil cheese and/or a mix of Cwm Farm charcuterie

Cradocs crackers, mixed leaves, dried & fresh fruit, Y Sied beetroot chutney, sugared nuts, mixed seeds & antipasti olives.

Caws Cenarth Per Las neu cheddar aeddfed Dragon, Caws Cenarth Perl Wen, caws Snowdonia Red Devil neu/a cymysgedd o charcuterie Fferm Cwm

craceri Cradocs, dail cymysg, ffrwythau ffres & sych, siytni betys Y Sied, cnau siwgrog, hadau cymysg, olewydd antipasti

Y Sied Open Sandwiches/Brechdanau Agored (gf/vg/v upon request/ar gais) £7

See display fridge for daily options / gweler oergell arddangos am opsiynau dyddiol

Quiche (v) £7

The Parsnipship Bombs / Bomiau 'The Parsnipship' (vg) £8

Beetroot, Mushroom & Peanut or Moroccan / *Betys, madarch & chnau daear neu moroco*

All served with a mix of salads/wedi gweini gyda cymysgedd o salad

See display fridge for daily options / gweler oergell arddangos am opsiynau dyddiol
(vg/v/gf upon request / ar gais)

Salad Bowl / Bowlen Salad (gf) (vg upon request / ar gais) £5.50

Add chicken, falafel or smoked salmon / ychwanegwch ciw iâr, falafel neu eog wedi'i fygu +£2

See display fridge for daily options / gweler oergell arddangos am opsiynau dyddiol

Soup of the day / Swp y dydd (vg)(gf upon request/ar gais) £5.50

Served with Y Sied Bread / gweinir gyda bara Y Sied

Add Welsh Dragon Cheddar / ychwanegwch Caws Cymreig Y Ddraig +0.70

Traditional Welsh Ham Cawl / Swp y dydd (gf upon request/ar gais) £7

Served with Y Sied Bread / gweinir gyda bara Y Sied

Add Welsh Dragon Cheddar / ychwanegwch Caws Cymreig Y Ddraig +0.70